


PLYMOUTH EAST ROMAN CATHOLIC PARISHES

Part of the Plymouth Diocesan Trust (Registered Charity No.213227)

Our Lady of Lourdes 17 Vicarage Road Plympton Plymouth PL7 4JU plymouth-plympton@prcdtr.org.uk	Our Lady of Mount Carmel & St. Teresa Efford Plymouth PL3 6HA	St. Austin's Priory Cadleigh Ivybridge PL21 9HW ivybridge@prcdtr.org.uk	St Monica's Palm Cross Modbury PL21 0QN
 Find us on Facebook at 'Plymouth East RC Parishes' and 'Ivybridge Parish part of Plymouth East RC Parishes'			

FOURTH SUNDAY IN LENT - YEAR A – 15th March 2026

Efford	Saturday 14 th March	5:00pm	Fidelia Nwanyanwu (RIP)
Plympton Ivybridge	Sunday 15 th March	9:00am 11:00am	Helen Furlong (RIP) People of the Parish
Plympton	Tuesday 17 th March	10:00am	The Family of Rev. Bernard L Finnegan and for his intentions – Foundation Mass
Ivybridge	Thursday 19 th March	10:00am	For the Victims of War and Violence
Plympton	Friday 20 th March	10:00am	Michael O'Hara (RIP)
Efford	Saturday 21 st March	5:00pm	For Peace in Our World
Plympton Ivybridge	Sunday 22 nd March	9:00am 11:00am	Helen Furlong (RIP) -----

The Pope's Prayer Intention for March – For disarmament and peace. Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

ADORATION for 30 minutes before weekday Mass. Join us for this opportunity to have quiet time with the Lord.

CONFESSIONS are available after weekday Mass, or by request.

FAITH CHAT Every Thursday after 10am Mass at Ivybridge

STATIONS OF THE CROSS Stations of Cross will take place in Plympton on Fridays at 11am (after morning Mass) and at Ivybridge on Thursdays at 9:30am (before morning Mass) during Lent.

Collections There will be a Second Collection for the poor this weekend. Next weekend there will be a collection for Easter Flowers.

For the sick Please pray for the sick & housebound in our parishes and for those who are particularly poorly at this time. Please especially pray for Brian Nolan, Nicki McDougal, Alan Schaffert, and Mary Ripo who are unwell.

For those who have died Please pray for the repose of the souls of those who have died recently, especially Helen Furlong, Robert Tucker, Gwyn Derrick, Paddy Barrett, Peter York, Barbara Jackman, Paul Watson, Maggie Langmaid, Paul Bowen-Davies and Jo Cotter, and for those whose anniversaries occur at this time: Kathleen Preston, Edward McBride, Joseph Norman, and Karen Martyr.

Medjugorje Pilgrimage Our Lady of Lourdes Pilgrimage to Medjugorje. Bristol to Split Thursday 1st to Thursday 8th of October. £785pp sharing £150 single supplement. Half-board, fully guided Pilgrimage with Marian Pilgrimages.

Stop assisted suicide - further action needed Please take 30 seconds to stop assisted suicide from being forced into law. Right To Life UK has made an EasyAction tool to email your MP asking them to oppose attempts to force assisted suicide into law by bypassing the House of Lords. **Please visit www.righttolife.org.uk/ASCommons2026 to ask your MP to oppose forcing the assisted suicide Bill into law.**

PLYMPTON

Easter Egg Raffle Tickets are £1 each and are on sale now at the back of the church. Easter egg donations would be welcome. All money raised from the raffle will go towards the energy bills for our church. Your support is needed and much appreciated. Thank you.

Missio Red Box It's time to bring in your Missio Red Box to be emptied. Please bring your box and hand it to Sally Smith, Sue/Keith Preston, or Anne-Marie Hookway by Sunday 29th March.

CWL And CAFOD Lenten Lunch CWL Lenten Lunch on Wednesday 25th March at 12 noon. There will be Stations of the Cross at 11am in the church before the Ploughman's Lenten Lunch at midday in the Annexe, bringing our community together in friendship by sharing a simple meal. CAFOD pre-loved clothes sale following the Lenten Lunch. Why not try a new look for Spring by grabbing a bargain in the Pre-Loved Clothes sale? Quality clothes at bargain prices, and eco-friendly too!

Chrism Mass The Chrism Mass is taking place at Plymouth Cathedral on Wednesday 1st April. It will be live streamed on the big screen here in the annexe. Doors open 11:30am We look forward to seeing you.

IVYBRIDGE

Lenten Lunch CWL Lenten Lunch March 21st at 12.30. Please join us for a Ploughman's lunch with cake to follow. There are still tickets available and they will be on sale at £7.50 each after Mass.

Sacramentals in the Parish Rooms There is a small collection of crosses and icons in the parish room which please take if you wish. A donation would be appreciated towards the continued redecoration of the sanctuary.

Can You Help? We are looking for assistance with ground maintenance. If you are interested, please see Hazel, Peter or Patrick.

SAVE THE DATE: "Wise and Wonderful" All are invited to share Easter Reflections at Ivybridge Methodist Church on Friday 27th March at 2.30 pm. Please support this event if you are able.

Coffee Morning and Cake Sale We will be holding a coffee morning and cake sale at the Priory on Saturday, 28th March 10.30 to 12 noon. All proceeds to Children's Hospice South West.

Next Parish Social Event, 19th April, After Mass Bring your own picnic lunch for our next social. There will be an Easter egg hunt, Easter bonnet or cap competition, and a short Easter film. We're telling you early so you can get those hats decorated over the Easter holidays. Let Angela or Thomas know if you will be lunching!

NEWS FROM ACROSS THE DIOCESE

Plymouth Diocesan Ignatian Spirituality Group Silent Retreats Please see the poster at the back of the church for details. The cost includes full board & lodging, but help is available for those who would like to go on retreat but have difficulties with the recommended donations. For further details and bookings contact Plymouth Diocesan Ignatian Spirituality Group at diocesan-ignatian-retreats@prcdtr.org.uk or phone 01752 769164 or 07823 447637

Contemplative Retreats at St. Rita's Centre April 20th – 24th 2026 An Introduction to the *Gries Path of Prayer* as well as an opportunity for a short retreat for those familiar with this way of prayer. For further details: Contact the retreat co-ordinator Paddy Rylands paddyrylands@gmail.com

Time for a Spring Clean? It's that time of year when we start to look forward to the longer evenings and look to dust off the cobwebs of the Winter months by having a good old-fashioned Spring Clean. Did you know that you can donate your unwanted items through the Catholic Children's Society (Plymouth)'s Orange Box recycling scheme and turn clutter into cash for a very good cause? There is an Orange Box at Plympton and at Ivybridge for donations.

www.plymeastrcchurches.org

www.staustinsivybridge.co.uk

Priest- in- charge: **Fr Victor Agbaka**

The Presbytery, 17 Vicarage Road, Plympton Plymouth, PL7 4JU. Tel: 01752 331288

Hospital Chaplain: Deacon Simon Fletcher 07854816523 simon.fletcher@prcdtr.org.uk

Parish Safeguarding Reps: Plympton: Debbie Cowl cowl518@btinternet.com Efford: Felice Hopton

Ivybridge: Teresa Cussen teresa.cussen@hotmail.com Modbury: Christina Stapley stapleytorre.c@gmail.com

Diocesan Safeguarding Office St Boniface House, Ashburton. 01364 645430